

# Good Vibrations

News from  
West Michigan  
Healers, Inc.

## SPRING 2009



P.O. Box 1433  
Muskegon, Mi 49444  
[www.westmichiganhealersinc.org](http://www.westmichiganhealersinc.org)

### CALENDAR OF EVENTS

**Tuesday, March 10, 7-9 p.m. – Energy Medicine Overview** – Hackley Campus Auditorium with **Nancy O'Donahue**. Includes healing modalities taught by NFSH in Europe, now in taught in the U.S.  
Admission - \$10

**Bluebird Cancer Retreats – Lights, Camera, Action! Dinner and Auction – Saturday, April 18, 7:00 p.m.** at Spring Lake Country Club. Contact Renee at 616.847.0839 to purchase a 50-50 raffle ticket, attend the dinner and auction or donate an item for the live or silent auction.

**Bluebird Cancer Retreats –  
2009 Retreat Dates**

**Couples Retreat – April 24, 25 & 26**  
**Newcomers Retreat – May 29, 30 & 31**  
**Newcomers Retreat – Sept. 11, 12, & 13**  
**Couples Retreat – Oct. 16, 17 & 18**  
Contact Renee at 616.847.0839 or log on to [www.bluebirdmi.org](http://www.bluebirdmi.org)

**WMH Annual Membership Meeting:**

**Monday, June 1 @ Norton Pines in the meeting room. Social hour from 5:30-6:00 p.m., dinner from 6:00-7:00 p.m. followed by the meeting around 7:30 p.m. Any questions, contact Sue Kent at 231.759.6532 or at [codybluesky@hotmail.com](mailto:codybluesky@hotmail.com).**

### WMH Web Site

#### Check it Out!

The web site has been restructured and is bright, easy to use and reflects the mission of our organization. Take some time to take a peek and send your impressions and suggestions if anything is missing.

<http://www.westmichiganhealersinc.org/>

#### Items of Interest

Check out this link to Healing Touch Program's *Energy Magazine*  
<http://www.healingtouchprogram.com/energy/issues/december2008.pdf>. On page 12, the featured practitioner is our own Kathryn Koches.

#### Book of Interest

##### Conversations with Gaia

Ningay Nancy Singh

The book contains conversations between Ningay and Mother Earth as well as meditations. Check it out at [www.conversationswithgaia.com](http://www.conversationswithgaia.com)

#### WMH Membership Information Update February 2009

##### New Address for Sherri Hart

Please change Sherri's mailing address in the Membership Directory & Community Resource Directory to:

Sherri Hart  
1576 Peck St.  
Muskegon, MI 49442

## Co-Presidents' Message - Spring 2009



2009 gives us such an opportunity to rise up individually and as a healing community in service to each other and our world. The Special Events and Social Committees have their offerings listed here in the Calendar of Events. They have offered us movies and a speaker that will inspire, uplift and sustain us during the months leading up to our Annual Membership Meeting on June 1, 2009. The Third Quarterly Get-Together for the year is also listed – come along and join in the camaraderie. For those who have attended the other two gatherings, it has been a wonderful chance to get better acquainted and learn more about each other's work and play.

In March, we will ask Board Members to call each member who is not already serving on a committee to request some assistance with unfilled vacancies. Wouldn't it be great to **SPRING** into action to lend your skills & talents to your favorite healing organization in 2009???? EveryONE has a gift to give and many hands make light the work (& multiply the FUN). Another Board goal realized next month will be to pilot taking credit cards for payment of membership and class registration fees. Don't forget to check out the website regularly (in addition to this Newsletter) for the informative updates by your Communications Committee. In the loving spirit of our Divine Potential, Kay & Kathryn – **Your** Co-Presidents

### CHANGES IN MEMBERSHIP FEE STRUCTURE FOR 2009

Like every household and business in the country, WMH has had to deal with increasing operating costs. It has always been the Board's intention to balance the membership fees with the actual costs of providing services and benefits. In trying to be good stewards of our members' hard earned money, we have looked for creative ways to fulfill our mission and continue to thrive. Our members consist of two basic categories, both providers of alternative and complementary therapies, and people who support our mission but may not offer services themselves. With the launch last year of our Community Resource Directory, providers get a service that non-providers do not. In light of that, the Membership Committee proposed and the Board approved the concept of creating two categories: Provider membership and Friends membership.

Provider membership will continue at \$35.00 per year. It will include the cost of publishing the Community Resource Directory and all other services and benefits that WMH provides. These benefits will be listed in the renewal packet you receive in April.

The new category, Friends membership, will be \$25.00 per year. By creating this new category, we hope to encourage more interested community members to join. They are very important to the future and viability of WMH. It will include all benefits except being listed in the Community Resource Directory.

The other major change is that the annual dinner will be an additional \$10.00 for members and guests instead of this cost being included in the membership fee. It was decided to charge the additional amount for the dinner because of the increased cost of putting on the dinner to the organization. We feel this charge is reasonable, and we hope that members recognize the importance of getting together annually to reconnect with other members and to stay current with what is happening with the organization.

When you receive your renewal packet in April, these changes will be reflected in the material you receive. Please call me, Nancy Owens, the CoOrdinator of the Membership Committee, or Kay Bazzett or Kathy Koches, co-chairs of the WMH Board with any questions.

We hope to see you all at the annual dinner on June 1. Mark your calendar now! HAPPY SPRING!!  
Nancy Owens CoOrdinator, Membership Committee