



# Anatomy for Healers®

## Level 1 – An Energetic Approach to the Physical Body

**Level 1, Grand Rapids, MI, March 18-21, 2010**

**Instructor: Sue Hovland**

### **Can learning anatomy benefit your energy practice and also be fun? You bet!**

This unique hands-on approach integrating the knowledge of anatomy with the energy system of the body is appropriate for people who are new to anatomy as well as nurses and others who have studied conventional anatomy before. Building on a firm foundation in Healing Touch, Healing Touch Spiritual Ministry, or other energy therapy, new energy techniques are learned to treat most of the body systems. In addition, we have a good time interacting with other healers while experiencing the sacred miracle of the human body! This is an advanced practice study for experienced healers.

### **Content...**

The structure, function, location and identification of the landmarks and major organs in the systems of the body (skin, muscular, skeletal, digestive, lymphatic and immune, urinary, reproductive, respiratory, cardiovascular, endocrine and nervous)

### **Interactive exercises and new energetic treatments**

are taught as a way of becoming acquainted with the anatomy and physiology of the human body.

These will include:

- Energetic palpation of the organs
- Moving energy through the bones and muscles
- Flushes of liver, kidney, lung and lymph
- Artery chelation
- Digestive valves release
- Pelvic relaxation
- Limbic brain balance

### **Teaching methods include:**

- Lecture
- Notebook
- Visuals
- Videos
- Body Puzzle
- Skeleton
- Torso
- Many Energy Treatments

### **Prerequisite...**

Level 3 of Healing Touch, or similar energy therapy practice with permission of instructor.

### **Class Instructor...**



Program Founder and Director, Sue Hovland, is a Registered Nurse (BSN) Healing Touch Certified Practitioner and Instructor, and Certified Massage Therapist. She has had a long time interest in the human body, and has studied it from many disciplines. They include Nursing, Neuromuscular Therapy, Cranial-Sacral Therapy, Lymph Drainage and Visceral Manipulation, and human dissection. Sue has also attended many workshops in various energetic perspectives, including Rosalyn Bruyere's Program, Mary Jo Bulbrook's Energetic Healing, NAET Allergy Elimination Technique, Allergy Antidotes, Axiatonal Alignment, to name a few. Sue has been teaching Healing Touch and has been in private practice in Denver, Colorado, USA, since 1990 and served on the Board of Directors of Healing Touch International from 2001-2004.

Contact Sue at 303-759-8966, [suehovland@aol.com](mailto:suehovland@aol.com)

### **Objectives...**

- To describe and demonstrate the eleven organ systems of the human body.
- To describe, demonstrate, locate, and energetically palpate the endocrine glands and the major organs of the torso.
- To define concepts of anatomy and physiology as they relate to the human energy field.
- The application of anatomy and physiology in the energetic healing treatment.

### **Approved for 27 CE Contact Hours for nurses and massage therapists by Healing Touch Program™**

The Healing Touch Program™ is an approved provider of continuing education by the Colorado Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The Healing Touch Program™ is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education provider under Category A. Provider Number 150588-00.

## Class Information...

### Class Location:

2565 Forest Hills SE  
(Partners in Dental Care—lower level)  
Grand Rapids, MI

### Class Date/Time:

March 18-21, 2010  
Thursday 6:15-9:30pm (registration 6:00pm),  
Friday, Saturday, and Sunday 9am-6:30pm

### To Register:

#### 1. Contact Coordinator Betsy Willey

616-863-8146  
o2bawood@msn.com  
(note subject: anatomy class)

#### 2. Or visit our website: [www.anatomyforhealers.com](http://www.anatomyforhealers.com)

### Suggested Texts:

\*The Human Body Book (with CD-ROM), Steve Parker  
DK Publishing, 2007.  
F. Netter Atlas of the Human Body,  
Barron's & Icon Learning Systems, 2006.  
The Anatomy Coloring Book, 3rd Edition,  
by Kapit and Elson

## Testimonials...

*"An incredible journey into the nuances of our wondrous body energy! A very rich class, expanding my understanding and potential as a Healing Touch practitioner."*

Anne Day RN, MA, CMT, HNC, CHTP/I  
Past President HTI Board of Directors

*"Refreshing and exciting...lively and interesting... A welcome addition to my Healing Touch practice... Deepened my sense of awe and gratitude for the physical aspect of the human being."*

Cynthia Hutchison DNSc, RN, HTCP/I  
Program Director, Healing Touch Program™

*"This joyful presentation helped to anchor my knowledge of anatomy and physiology...It introduced energetic components to the machinery of the body...I highly recommend it!"*

Carol Komitor, CMT, HTCP/I, CHBMT  
Founder and Director, Healing Touch for Animals®

*"I have taken numerous classes in over 80 different healing modalities, and this workshop is the very best of them all! I enthusiastically recommend it!"*

Linnie Thomas, HTCP/I  
Author of The Encyclopedia of Energy Medicine

For more information or to register online visit: [www.anatomyforhealers.com](http://www.anatomyforhealers.com)

## REGISTRATION FORM

### Level 1 Anatomy for Healers® Grand Rapids, MI March 18-21, 2010

Register early,  
class size is limited!

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

I can bring a massage table.       I agree to be listed on a class roster for workshop participants.

I need information on lodging

\_\_\_\_\_ \$475 Regular Tuition

\_\_\_\_\_ \$425 Early Tuition (by February 18, 2010)

\_\_\_\_\_ \$250 to repeat class (no discounts)

\_\_\_\_\_ \$75 non-refundable deposit (check payment only)

### Send completed registration form and check payable to "Sue Hovland" to:

Betsy Willey  
4350 Riverwatch  
Rockford, MI 49341

[Or register online with Visa or MasterCard at www.anatomyforhealers.com](http://www.anatomyforhealers.com)

Students will receive a certificate of attendance for 27 CE hours from Healing Touch Program

**Cancellation Policy:** Students canceling are subject to a \$75 non-refundable administration fee.

Students canceling within 2 weeks of the class will be subject to a \$150 non-refundable administration fee.

