

WEST MICHIGAN HEALERS, Inc.

COMMUNITY RESOURCE DIRECTORY

September 2008

For more information about West Michigan Healers, Inc.,
please visit our website

WWW.WESTMICHIGANHEALERSINC.ORG



West Michigan Healers, Inc. Community Resource Directory

About this Directory

Members of West Michigan Healers, Inc. have authorized publication of the following personal and professional information to be used for the purposes of promotion and communication of their services, programs, and therapies. You are encouraged to contact any listed practitioner directly to obtain further information about the services they offer, fees, appointments, etc. Licensure, Registration, and/or Certification validation is not the responsibility of West Michigan Healers, Inc. Members stating such information are responsible for the information submitted.

(Not all members of West Michigan Healers have opted to be represented in this Directory – intended for release to the public)

About West Michigan Healers, Inc.

West Michigan Healers, Inc. is a group of holistic, complementary, and/or alternative health-care professionals and healers from all walks of life. Founded in 1997, the organization is represented by trained professionals with careers in acupuncture, aromatherapy, chiropractic, a wide variety of energy & vibrational therapies, hypnosis, massage therapy, holistic coaching, psychotherapy, reflexology, yoga...and many more.

Members of West Michigan Healers offer services to the community through private practice, educational and social programs, and volunteer services. For information about activities sponsored by West Michigan Healers, visit the website at

www.westmichiganhealersinc.org

Information about Membership

We welcome healers of all kinds to join our organization to network, to take advantage of a wide variety of educational & networking opportunities, and work for spreading the light of love and healing for ourselves and our clients. For more information about membership contact us at info@westmichiganhealersinc.org

West Michigan Healers, Inc. – Contact Information

Visit us on the Web at:

www.westmichiganhealersinc.org

Contact us via email at:

info@westmichiganhealersinc.org

Mailing Address:

West Michigan Healers, Inc

P.O. Box 1433

Muskegon, MI 49443

Professional Qualifications - Licensure, Certifications, Registrations, Education

- 40 years experience/education in astrology
- 27 years experience with computers
- 20 years experience with energy healing

Description of Practice

Web Design

Astrology - Birth chart, relationships, event consultation timeline, friends and lovers, astrotalk reports available.

Energy Healing - people and pets

Laura Achenbach

M.A.

1198 S. Lake St.
Whitehall, MI 49461
Telephone 231-893-1257
E-mail lauracea1@juno.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Limited License Psychologist: State of Michigan since 1989
- University of Notre Dame - BA 1986
- Penn State University - M. Ed 1988

Christine L. Amante

M.Ed, LLP
Limited License Psychologist

Description of Practice

As a Master's level psychologist, I specialize in psychological testing and differential diagnosis. Onsite assessment for West Michigan Schools and agencies. Staff training/public speaking on diverse topics. Legal testimony as needed in various court systems as an expert witness.

As a custom jewelry designer, I make natural stone pendulums, custom jewelry (such as necklaces, bracelets, earrings) using natural stones, gems, and glass.

Custom Creations by Chris

2743 Henry Street #120
Muskegon, MI
49441-3509
Telephone 231-206-4844
Telephone 231-798-2908
E-mail Italiangirl38@peoplepc.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Reiki Master
- Shamanic Practitioner
- Hypnotist

Margret Bazany

M.A. Com.

Description of Practice

Reiki - Sessions for relaxation, stress reduction, chakra balancing, Attunements I, II, III

Shamanism - Workshops - Learn to Journey; Find your Power Animal; Soul Retrievals; Non-Ordinary Reality; Journey for Information

Hypnotist - Relaxation, Stress Reduction

Classes on Sacred Contracts/Archetypes

Dancing Dolphins

17255 Timberdunes
Grand Haven, MI 49417
Telephone 616-842-5405
Telephone (Cell) 616-540-5523
E-mail bazanym@sbcglobal.net
Web www.spiritenergyhealers.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- MA in Psychology '94
- Past Life Regression Therapist '92
- Certified Healing Touch Practitioner '99
- Certified Practitioner/Specialist in Energy Medicine '03
- Energy Medicine Self Care Teacher '04
- Energy Medicine for Animals Practitioner/Instructor '05

Kay Bazzett

M.A., CHTP, CEMP/S

Description of Practice

Kay currently works as an energy practitioner independently contracting at Ruyle & Associates. Ruyle & Associates, LLC. Is a holistic behavioral health practice located in Muskegon's Norton Medical Building. During an Integral Practice Therapy session, Kay offers assessment and balancing of the physical, emotional, psychological and spiritual layer of the energy system as Dr. Ruyle works psychotherapeutically with the client. Clients are an integral part of the process as they share the adaptive and/or defensive mechanisms which they have employed this far in their involvement. Between the client and/or the therapists, it is determined which mechanisms can still serve in their growth and which can be cleared, restructured, or reformatted. Clients have the opportunity to choose healthier coping mechanisms for adapting to internal or external stressors including meditation, visualization, cellular clearing & restructuring and spiritual co-creation to name a few. Areas of special interest for Kay are in the realm of quantum

LifeGuard

4404 E. Sternberg Rd
Fruitport, MI 49415
Telephone 231-865-7676
E-mail LifeGuard@core.com

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physics & healing, alternative realities, parallel universes and past , future & simultaneous lifetimes. Exploring and developing the ultimate human/spiritual potential is high on the list of priorities as well as serving the Greater Good and the ONEness that we all are.

Kay Bazzett
(Continued)

Professional Qualifications - Licensure, Certifications, Registrations, Education

- MA, Health Arts and Sciences-Goddard College
- Registered Yoga Teacher (RYT)
- Kripalu DansKinetics Teacher Certification
- YogaEd Instructor Certification
- Zumba Gold Instructor Certification
- Working towards a Registered Somatic Movement Therapist (RSMT) certification
- Phoenix Rising Yoga Therapy Training (Level 1 and 2)

Description of Practice

Full Figure Flow!™ and EVERY BODY is a Dancer, LLC are businesses dedicated to creating joy, health at any size, self-awareness, and self acceptance through yoga, dance, contemplative movement practices, yoga therapy and somatic movement therapy. Interests include: somatic psychology, body-centered Gestalt therapy and expressive therapy. Herbology, organic and biodynamic gardening, Ayurveda, Healing Touch (Level 1), Reiki (Level 2), Sufi dance meditation, conscious eating, and animal welfare.

Kimberly Beroset
MBA, MA, RYT

**Founder/Owner of
EVERY BODY Is A Dancer, LLC
and Full Figure Flow!™**

4850 High Meadows Drive
Grovetown, GA 30813
Home and Fax (call first) 706-955-7285
Cell 231-670-9997

E-mail _kimberly@fullfigureflow.com
E-mail www.fullfigureflow.com
Web www.EveryBodyisadancer.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Certified in Feng Shui Practitioner Training from the Western School of Feng Shui, Solana Beach, CA 2003
- Certified in Advanced Training of the Five Elements from the Western School of Feng Shui, Solana Beach, CA 2003
- Member of the National Professional Organizers (NAPPO) since 2006
- B.A. in Communications, University of South Florida, Tampa 1993

Description of Practice

Jenna Boyd of Elements of Harmony Feng Shui is a certified consultant who provides practical Feng Shui, color and organization solutions to create balanced living and working environments that uplift one's spirit and exemplify personal style. Elements of Harmony Feng Shui offers a variety of Feng Shui and organizational services that help clients arrange and organize space and select color for optimal energy flow and harmonious living. Recommendations provided through on-site assessment, reporting and follow-up. Seminars and workshops provided. Contributes articles for national and local publications.

Jenna Boyd
Feng Shui & Organization Consultant

Elements of Harmony Feng Shui

PO Box 80636
Raleigh, NC 27623
Telephone 919-757-2732
Fax 919-882-9134

E-mail jenna@elementsofharmony.com
Web www.elementsofharmony.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Certified Massage Therapist
- Certified Jin Shin Do Acupressure Therapist
- Registered Yoga Teacher

Description of Practice

1 ½ hour massage - ½ hour acupressure-energy balancing, and 1 hour massage...an amazing combination of energy work and soft tissue work.

Cathy A. Caldwell - Bowman
Certified Massage Therapist (CMT)

Hands to Health Massage Therapy

1103 W. Southern Ave
Muskegon, MI 49441
Telephone 231-722-4950
E-mail CaCwriter@cs.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- PhD Naturopathy
- Certified Acupuncturist - Whole Body
- Certified Acupuncturist - Ear (Auricular System)
- Certified Acupuncture Detox Specialist (Substance Abuse)
- Nationally Certified Massage Therapist
- Certified Master Herbalist

Description of Practice

Full healthcare, non-surgical, non-pharmaceutical, Homeopaths, herbal medicine, natural health scans, Auricular Acupuncture, Chinese Body Acupuncture, Substance Abuse Acupuncture, Medical Massage, Consultations on natural means to enhance cancer therapies.

Gary S. Cools
N.D., PhD Ac.

Health eFx
5782 West US 10
Ludington, MI 49431
Telephone 231-845-1250
Fax 231-845-0524
E-mail gary@health-efx.com
Web www.health-efx.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Bachelor of Science Health Management
- Licensed Practical Nurse
- Certified Disability Management Specialist
- Certified Healing Touch Practitioner
- Reiki Ia, II
- Esoteric Healing I & II
- Reflexology
- Essential Oils

Description of Practice

I offer my clients a gentle, energy based treatment that facilitates healing of mind, body & spirit. The client becomes very relaxed and peaceful, which helps the body heal. All clients are treated with respect and caring.

Suzan Corbett
BS, LPN, CDMS, CHTP

Holistic Healing Options, LLC
P.O. Box 150336
Grand Rapids, MI 49515
Telephone 616-361-5981
Telephone 616-633-4860
Fax 616-361-9288

E-mail suzancorbett@holistichealingoptions.com
Web www.holistichealingoptions.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Registered Nurse
- Certified Healing Touch Practitioner
- Reiki Master
- Learned but not certified - Reflexology, Bach Flower Remedy, Healing Touch for Animals, Quantum Healing, and Stone Healing.

Description of Practice

I prefer to treat people in their homes. My main focus is helping the client's body to heal itself utilizing all I have learned.

Kathleen De Grande
RN, CHTP, Reiki Master

Newago, MI 49337
Telephone (Cell) 231-225-2582

Professional Qualifications - Licensure, Certifications, Registrations, Education

- EnergyTouch® Practitioner
- Barbara Brennan School of Healing - 2000 Graduate
- Certified Bodywork & Massage - Kalamazoo Center for the Healing Arts

Description of Practice

EnergyTouch® School of Advanced Healing teaches use of outer level energies to treat disease, illness and injury through the manipulation and adjustment of these energies. EnergyTouch® School of Advanced Healing is a two year program that meets five weeks each year for supervised classroom study. Students are able to continue their practices while fulfilling their homework requirements between classes.

Visit www.energytouch.org for more information

Tricia Eldridge
Founder/President, EnergyTouch®
School of Advanced Healing

EnergyTouch® School of Advanced Healing
P.O. Box 158
Lowell, MI 49331
Telephone 616-897-2167
Fax 616-897-6668
E-mail info@energytouch.org
Web www.energytouch.org

Description of Practice

Natural hoof care is a non-invasive method allowing the horse to grow the healthiest hoof possible. I believe handling horses should be gentle but firm and I use energy work to encourage calmness during trimming.

Alexa Erb
638 Hoffman St
Muskegon, MI 49442
Telephone 231-740-5640
E-mail alexa@trailtimesaddle.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- 26 years experience in massage
- 16 years experience in Touch for Health/Applied Kinesiology

Description of Practice

I carry supplements: Standard Process, Biotic Research.
I also offer: Food Testing, Vitamin Testing, Shoe Orthotics.

Sherri Hart
Massage Therapist,
Applied Kinesiologist

Preventive Health Services
P.O. Box 44020
Muskegon, MI 49444
Telephone 231-733-1677
E-mail sherrihart16@yahoo.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Hatha 1 Certification
- Cardiac Yoga Certification
- Gentle Yoga Certification
- Structural Yoga Therapy workshop
- Owner of Integral Yoga® Center of SW Michigan
- Founder of Big Yoga®
- Orff Certified - Levels 1 & 2
- 30 years of teaching experience
- B.A. Humanities 1965
- Additional studies in music

Description of Practice

Big Yoga is an adapted yoga practice for the larger body. Classes and workshops are available to encourage people who haven't tried yoga because of their weight, age, or lack of flexibility. A "well-rounded" practice, Big Yoga includes asana (poses), pranayama (breathing), chanting, deep relaxation and meditation. Meera's Hatha video (Big Yoga Hatha 1) is available from her website (www.bigyogaonline.com), and the Big Yoga book will be available fall 2008.

Meera Patricia Kerr

B.A., RYT
Owner/Founder of Big Yoga

Big Yoga

PO Box 237
Glenn, MI 49416
269-227-3108
269-605-6332

E-mail bigyoga@comcast.net
Web www.bigyogaonline.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Registered Nurse
- EnergyTouch® Practitioner - 2006
- Barbara Brennan School of Healing - 2000 Graduate

Description of Practice

Roberta works with individuals who are ready to journey into areas of their lives that may be impacting their personal and health potentials. She creates a well-grounded environment for clients to safely explore the uncharted territories in their spiritual, emotional, and physical health. Visualization techniques are used to help the client become an observer to their own life experiences to see first hand how to effect the change they desire. Roberta utilizes energy therapy techniques to work on the client's physical issues. Clients are seen in person or sessions can be done long distance via telephone.

Roberta is also an Instructor Assistant and the Director of Curriculum Development at the EnergyTouch® School of Advanced Healing located in West Michigan. Visit www.energytouch.org for more information.

Roberta Leenhouts

Registered Nurse
EnergyTouch® Practitioner

Grand Haven, MI 49417
Telephone 616-402-4561
E-mail rjleenhouts@charter.net

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Registered Nurse
- Bachelor of Science - Nursing
- Healing Touch Practitioner
- Reiki Level 1 & 2

Description of Practice

Chanting to facilitate healing. Music to facilitate healing.
Music for healing and transition (hammered dulcimer)
Anthroposophical Nursing

Martha Grace McCune

RN, BSN, HTP

9031 Cook
Montague, MI 49437
Telephone 231-893-1484
E-mail chantinghands@i2k.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Family Nurse Practitioner
- Healing Touch Level 3
- Aromatherapy

Description of Practice

Holistic Health Assessments and Health Counseling
Energy Assessment and Healing Touch Energy Treatment
Alternative Approaches to Menopause and other Hormonal Imbalances
Individualized Aromatherapy Blends
Essential Oil Cleaning Supplies and Insect Repellent

Nancy Owens

MSN, FNP- BC

Holistic Health Options
17700 W. Spring Lake Rd
Spring Lake, MI 49456
Telephone 616-502-4779

Professional Qualifications - Licensure, Certifications, Registrations, Education

- 1000 hour massage school
- Hundreds of hours CEU
- American Massage Therapy Association (Professional Active Member ID #99831)
- National Certification Board for Therapeutic Massage and Bodywork

Description of Practice

I offer deep tissue massage incorporating different types of energy work. I also offer negative pattern dissolving and sessions of Lo ho Chi. Clients tell me they receive great pain relief.

Linda C. Rea

BS, CMT

Massage Therapist

Professional Therapeutic Massage

14721 Parkwood Dr.

Grand Haven, MI 49417

Telephone 616-846-3482

Fax (same as above - call first)

Telephone (Cell) 616-834-7458

E-mail Linda.rea@sbcglobal.net

Professional Qualifications - Licensure, Certifications, Registrations, Education

- CA Certified Japanese Reflexology & Scar Tissue Repair
- Certified Japanese Hado Instructor
- Former Education - BS in Education and Masters in Education
- Author/Writer
- Holistic Medicine
- Chinese Medicine
- Ayurvedic Medicine/Nutrition

Description of Practice

Sessions last one to one and a half hours

Use of pure essential/medicinal oils from the Island of Corsica

Use of vibrational energy

Manipulation of reflexology points on the feet and hands

Use of three blends of scar repair oils on any type of scars

Ann Ross

Japanese Reflexologist

Scar Tissue Repair

Bear Heart Reflexology & Scar Tissue Repair

5970 Avalon Dr. Apt #211

Muskegon MI 49444

Telephone 231-740-3465

E-mail Rss51540@aol.com

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Occupational Therapist - Registered
- Doctorate of Acupuncture (Foreign Training)
- Healing Touch Practitioner
- Certified Auriculotherapy
- Preparing for Cranial Sacral Certification
- Certified Clinical Aromatherapy Practitioner

Description of Practice

Each session is personalized to allow for the body to shift into the parasympathetic mode, where the body can rest and restore and rebuild to remedy acute or chronic ailments, relieve pain, enhance recuperative powers and strengthen the immune system. Try to eat a light meal and drink plenty of fluids before your session. Wear comfortable clothing. After completing a brief questionnaire, we will discuss your goals for treatment and an assessment will be performed to assure a personalized comprehensive approach for optimal results. Your experience may include one or more of the following approaches:

Healing Touch: energy directed intervention that effects changes within the human energy system

Auriculotherapy: examination of the outer ear that can effectively treat more than 200 conditions

Acupuncture: to disperse blockages and mobilize the body's natural immune response- the number of needles may vary according to the problem being treated. The needles are very thin, sterile, and single use, usually left in approximately 20-30 minutes in a stress-free environment

Craniosacrotherapy: a gentle hands-on method of releasing restrictions around the brain and spinal cord so your body can self-correct and free itself of pain and other health conditions

Aromatherapy: the use of healing properties and chemistry of plants in an essential oil blend usually applied on the skin using a patented manual massage "m" technique

Helen Rowe

OTR, HTP, D.Ac,

Auriculotherapy, CCAP

Harmony Health Services, LLC

Spring Lake, MI 49456

Telephone 231-557-1618

Professional Qualifications - Licensure, Certifications, Registrations, Education

- B.A. Creative Writing
- Level I Healing Touch
- Level II Energy Medicine for Large Animals
- Level V Energy Medicine Program

Beth Sanders

Grand Rapids, MI
Telephone 616-459-3051

Description of Practice

At this point I offer an initial discussion about what brings you to me and what you can expect from me, with a brief energy session. From the beginning I offer techniques you can use for yourself and others to help re-balance the energy in yourself and your world. I especially like guided imagery and draining/replenishing techniques.

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Reiki Practitioner
- Therapeutic Massage

Catherine Saurman

Reiki Practitioner
Therapeutic Massage

Description of Practice

Relax and revitalize!!! Swedish and deep tissue massage in a relaxing and healing environment.

Journey into Wellness

704 S. Beacon Blvd, Unit 88
Grand Haven, MI 49417

Telephone 616-822-7585

E-mail catherinesaurman@charter.net

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Extensive teaching experience
- Certified Holistic Family Nurse Practitioner with over 20+ years experience in field of integrative/alternative healthcare.

Barbara Ann Starke

RN, MSN, FNP, CHTP/I,
AHNC, ADS Trainer
Holistic Nurse Practitioner

Description of Practice

Nutritional Support - to improve health and decrease inflammation.

Healing Touch - Advanced Practice

Family Nurse Practitioner - fluent in Health Promotion to improve outcomes of chronic diseases and lymph edema

3071 Kerlikowske Rd
Coloma, MI 49038

Telephone 269-849-1239

Fax 269-849-1239

Telephone (Cell) 269-449-4494

E-mail bstarke@comcast.net

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Healing Touch IV
- Spiritual Anatomy
- Spiritual Healing II
- Colorology
- Visualization
- Energy Therapy
- Magnetic Therapy

Darlene Tillottson (Dolly)

2072 Williamsen St
Muskegon, MI 49445
Telephone 231-719-1439

Description of Practice

Sessions are geared towards relaxation and stress relief which allows the body to heal itself. Clients leave feeling rejuvenated with a sense of well being. They usually experience a more restful night's sleep.

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Registered Nurse
- Certified Healing Touch Practitioner
- Auricular Acupuncture

Linda Titus

RN, CHTP

Description of Practice

Vibrational medicine, healing touch, auricular acupuncture, and aromatherapy

6245 Staple Rd

Twin Lake, MI 49457

Telephone 231-828-4545

Telephone 231-740-1878

E-mail handsadancin@comcast.net

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Registered Nurse
- B.S. Psychology, Loyola University, (Chicago) 1982
- First Degree in Reiki (Usui) 1980
- Founding Member of American Holistic Nurses Association 1981
- Certified Integrated Awareness Technique 1981
- Certified Colour Therapy and Colour Psychology 1982
- Past Life Regression Therapist 1983
- Certified in Use of Humor in the Healing Arts 1985
- Certified in Spiritual Emergence Syndromes 1994
- Certified Lightholder and Anchor of Gifts of the 13th Octave 2004
- Certified Master of Manifestation and Co-Creator of Love and Miracles 2004

Phyllis Webber
Registered Nurse

Lovelight
870 E. Isabella Av
Muskegon, MI 49442
Telephone 231-767-8141

Description of Practice

I assist clients to better their lives by healing relationships, clearing addictions, and doing soul retrieval. This occurs through conversations about your issues and energy work. This work is done in a calm, relaxed space of my home. Each client is treated as the precious individuals that they are and each individual is unique. I will answer all questions asked about this life and/or previous lives and relationships.

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Healing Touch (Certified)
- Energy Medicine Partnerships (Certified Practitioner, Specialist, and Instructor)
- Reiki Master
- Spirit Release
- Crystal and Stone Practitioner
- Tuning Forks
- Aromatherapy
- Animal Practitioner
- Color Therapist
- Studied in South Africa and taught in energy medicine in Peru.
- Initiator for Muany-Ki.

Rose Marie Welchans
CHTP, CEMP, CSEM/I,
Reiki Master (Usui and Karuna)
M. Ed.

44214 Post Mill Ct
Canton, MI 48187
Telephone 734-453-8098
Business/Cell 734-891-8497
E-mail SimplyRoseMarie@comcast.net

Description of Practice

My specialization is instruction. I believe that information of how to use the energy system to increase health should be available to both practitioners and "regular" people. I teach introductory classes to further spread of energy medicine to the public.

My private practice includes table work to balance and clear the energy system using Healing Touch, Energetic Healing, Spirit Release, Quantum Healing, Reiki, Tuning Forks, crystals, oils and Self Care instruction/homework for clients.

Professional Qualifications - Licensure, Certifications, Registrations, Education

- Bachelor of Art - English & History 1968
- Retired High School Teacher
- Certification in Spiritual Directions from the Dominican Center in Grand Rapids 1998
- Certification as a Healing Touch Practitioner 2000
- Completed 2 year program in Spiritual Guidance from an interfaith perspective in Ann Arbor 2006

Elizabeth (Betsy) Willey
BA, CHTP, SD

Footprints of the Soul
4350 Riverwatch
Rockford, MI 49341
Telephone 616-863-8196
E-mail o2bawood@msn.com
Web Footprintsofthesoul.com

Description of Practice

Healing Touch integrated with Spiritual Directions.
Teaching classes, leading retreats focused on deepening spiritual experience and holistic integration.
